

## INITIAL TREATMENT PLAN CHECKLIST

*My patient has an initial treatment plan for a 4-12-week trial period in which the effectiveness of the medicinal cannabis product for my patient's condition/symptoms will be determined.*

The plan clearly indicates:

- **Treatment goals for medical cannabis use** – These have been clearly documented and discussed with my patient, related to the symptoms for which the patient is prescribed medicinal cannabis and if possible, been made measurable. For example, weight gain in patients with anorexia and, cessation or minimisation of nausea and vomiting and improved function in patients with chronic non-cancer pain.
- **Patient-specific supportive documentation** – If a specialist in the field of medicine for the symptom being treated (e.g. palliative care) has provided an opinion, this has been documented.
- **Risk management processes** - Such as the frequency of dispensing. For example, a script for a quantity of 1 with zero repeats.
- **Monitoring arrangements** - Weekly/fortnightly/monthly reviews, blood tests, specialist reviews, other investigations (as needed) for the medical condition and/or symptoms being treated.
- **An exit strategy** – Has been discussed for situations where the medication is not helping manage the symptoms or the goals of treatment are not reached.
- **Informed consent has been obtained** - and my patient provided with information about the medicinal cannabis product, possible side effects and treatment goals, and that treatment will be discontinued if the benefit has not been demonstrated.
- My patient has been **advised that they are not able to drive** while on medicinal cannabis products containing THC.